Community Dialogue on Mental Health and Wellness Forum

Tuesday, March 22, 2022
9:30 AM - 11:30 AM PST
In-language, Khmer only

Day 1 Agenda

9:30am – 9:45am Welcome by Vattana Peong
Executive Director, The Cambodian Family

9:45am – 10:00am Grounding Exercise

10:00am – 11:15am Listening Session with The Cambodian Family Staff
In this session, community members will join breakout groups to discuss their experiences with and knowledge of local mental health programs and services.

11:15am – 11:30am Closing Remarks by Vattana Peong
Executive Director, The Cambodian Family
Day 2 Agenda

9:30am – 9:35am  Welcome by Amina Sen-Matthews
Health Program Director, The Cambodian Family
The purpose of the day is to discuss how advocacy can help improve mental health programs and effective ways to communicate mental health needs

9:35am – 9:45am  Grounding Exercise

9:45am – 10:15am  Action Through Advocacy
In this session, we will share how advocacy has helped pave the way for existing mental health programs with The Cambodian Family

10:15am – 10:45am  Effective Communication Approaches
In this session, we will discuss how to prepare talking points, frame issues, and share feedback with local stakeholders and decision makers

10:45am – 11:15am  Sharing Feedback and Experiences
In this session, we will hear from community members on their feedback and challenges with communication and stakeholder engagement

11:15am – 11:30am  Closing Remarks by Amina Sen-Matthews
Health Program Director, The Cambodian Family
Community Dialogue on Mental Health and Wellness Forum  
Thursday, March 24, 2022 - 9:30 AM - 11:30 AM PST  
Event will be held in English with Khmer interpretation

Day 3 Agenda

9:30am – 9:35am  Welcome by Vattana Peong, MPH  
Executive Director, The Cambodian Family  
The purpose of the day is to learn about the Mental Health Services Act (MHSA) and how community members can get involved in their local mental health programs

9:35am – 9:45am  Grounding Exercise

9:45am – 10:00am  Welcome - An Overview of Behavioral Health Programs & Services in Orange County by Dr. Veronica Kelley, Chief, Mental Health and Recovery Services, Orange County Health Care Agency  
In this session, we will learn about mental health programs and services in Orange County

10:00am – 10:30am  The Mental Health Services Act  
In this session, we will learn about the Mental Health Services Act (MHSA), Community Planning Process, and stakeholder engagement

10:30am – 10:50am  Advocacy Work with The Cambodian Family  
In this session, we will share experiences and lessons learned from the advocacy efforts of a community organization supporting mental health

10:50am – 11:15am  Community Spotlight  
In this session, community members will share their personal experiences with advocacy

11:15am – 11:30am  Closing Remarks by Vattana Peong, MPH  
Executive Director, The Cambodian Family