
Tshuaj Kho Mob Ntsws



Developed by the
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Tuberculosis Prevention and Control Program
January 1997 phone: (612) 676-5414

This is one in a series of four patient education pamphlets that addresses TB to be used in various clinical situations.

Medicine for Tuberculosis Disease, Hmong

Tshuaj Kho Mob Ntsws

Koj tus kws kho mob tau muab ib cov tshuajrau koj noj mus tua cov kab mob ntsws uas muaj nyob hauv koj lub cev.

Txawm tias cov kab mob ntsws no muaj zog heev los tshuaj yuav pab tua tau. Yuav tau noj cov tshuaj txog ntau lub hlis thiaj yuav tua tau cov kab mob kom tuag tu qab. **Qhov zoo mas yuav tsum yog noj cov tshuaj kom tag kiag raws nraim li kws kho mob muab thiab hais tseg.**

Txawm tias tsis ntev tom qab yus pib noj cov tshuaj xwb es zoo li yus twb

hnov zoo me ntsis lawm los yus yuav tsum rau siab noj cov tshuaj mus ntxiv kom tag raws li kws khob mob

Muaj tshuaj kho tau kev mob ntsws "TB"

tau muab mas tus mob thiaj zoo tu qab.

Yog yus cia li tsum tsis noj cov tshuaj ntxov ntxov, cov kab mob ntsws yuav txawj zwm kom muaj zog dua cov tshuaj ua rau cov qub tshuaj tua tsis tau lawv lawm. Yog li kev yuav rov kho yog yus yuav tau noj ib cov tshuaj uas tseem yuav muaj zog tshaj cov qub mas thiaj yuav tua tau cov kab mob ntsws. Cov tshuaj kho mob ntsws yog ib yam tshuaj zoo heev siv tsis muaj teeb meem dab tsi. Tiam

Noj cov tshuaj kom tag kiag!

sis muaj qee zaug thaum yus siv yam tshuaj no yus lub cev tsis haum yuav ua muaj tej yam xwm txheej tshwm sim tuaj. **Yog thaum yus tseem tab tom siv cov tshuaj no es muaj tej yam tshwm sim zoo li cov nram no no ces hu los yog rov mus cuag tus kws kho mob tam sim ntawd:**

- cia li tsis qab los li lawm
- ntuav
- mob plab
- xeev xeev ntuav
- ntsiab muag los nqaij tawv cia li daj tag
- hnov li koob chob ib teg ib teg hauv tej tes tej taw tuaj
- hnov li koob chob ib teg ib teg los puas pheej loog loog ntawm ib ncm lub qhov ncauj
- zoo li qhov muag cia li pheej plooj plooj tsis pom kev zoo
- hnov zoo dab tsi pheej nrov nrov hauv pob ntseg tuaj
- tsis hnov lus zoo
- taub hau pheej kiv kiv
- mob mob tej yag tes yag taw
- ua npaws sib law liag tshaj peb hnuv rov sauv
- ib ce cia li sawv pob
- cia li los ntshav yooj yooj yim
- cia li doog ntshav yooj yooj yim

Yam tshuaj uas muaj ib qhov khij nram no yog yam koj tus kws kho mob muab rau koj:

_____ Isoniazid (INH)

_____ Rifampin*

_____ Pyrazinamide (PZA)

_____ Ethambutol

_____ Streptomycin

(Yam no yog tshuaj txhaj.)



* Thaum yus noj cov tshuaj rifampin yog nws tsis haum nrog yus lub cev nws yuav muaj tej yam tshwm sim zoo li nram no:

- Zis, qaub ncaug thiab kua muag yuav daj daj tuaj. Cov iav (contact lenses) yuav zoo li muaj dab tsi lo lo.
- Tawv nqaij thev tsis taus ziab tshav. Nco ntsoov muab cov tshuaj tiv thaiv ziab tshav (sun-screen) los pleev tej qhov nqaij uas tsis tsho tsis npog.
- Cov tshuaj thiab tej yam khoom siv los tiv thaiv kom txhob muaj menyuam yuav tsis ua hauj lwm zoo lawm. Cov poj niam uas tsis xav kom pub muaj menyuam yuav tau nrhiav lwm yam kev los pab tiv thaiv nyob rau lub sij hawm tseem noj cov tshuaj.



Yuav tau qhia rau tus kws kho mob txog txhua yam tshuaj yus tseem siv ntawm yus tus kheej koj los pab.

Qhia rau tus kws kho mob yog yus tseem tab tom xeeb muaj menyuam hauv plab los yog muaj menyuam noj yus mis.

Cov tshuaj kho mob ntsws no tau dawb xwb. Yog yus yuav tsum tau noj cov tshuaj no, hais kom yus tus kws kho mob kom nws pab hu mus thov nyob rau tom Misnixaustas lub Hauv Paus Tsev Tswj Kev Mob Nkeeg (612) 676-5414.